

## Plant products in the treatment and control of filariasis and other helminth infections and assay systems for antifilarial/anthelmintic activity

Puvvada Kalpana Murthy<sup>1\*</sup>, Sujith Kurian Joseph<sup>1</sup>, and Puvvada Sri Ramchandra Murthy<sup>2</sup>

### Affiliation

<sup>1</sup>Divisions of Parasitology and <sup>2</sup>Toxicology, Central Drug Research Institute (CSIR), Lucknow 226001, India

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**Corresponding Author:** Dr. P. K. Murthy, Division of Parasitology, Central Drug Research Institute, Lucknow 226001, India; Tel: 91-0522-2612412-18; Extn: 4427; FAX: 91-0522-2623405/ 2623938/ 2629504.

E-mail: [drpkmurthy@yahoo.com](mailto:drpkmurthy@yahoo.com); [drpkmurthy@gmail.com](mailto:drpkmurthy@gmail.com); [psr\\_murthy@yahoo.com](mailto:psr_murthy@yahoo.com)

### Abstract

Lymphatic filariasis, onchocerciasis, loiasis and other helminth infections cause serious health problems especially in resource-limited tropical and subtropical developing countries of the world and more than 2 billion people are infected with at least one helminth species. From times immemorial, man looked up to plant kingdom in search of anthelmintics, antifilarials and remedies for the parasite induced health problems. Although more than 50% of drugs in modern medicine are derived from plants or leads from plants, a success story of plant-based anthelmintic or antifilarial is yet to be told. In the last 5 decades, more than 100 plant products were reported to be beneficial in the treatment or control of these parasitic infections but they could not be developed in to viable drugs for a variety of reasons. This review focuses on the plant products reported to be useful in the control and treatment of human helminth infections with main emphasis on filariasis and the *in vitro* and *in vivo* systems available for assaying the activity.

### Key words

Plant products, filariasis, helminthiasis, *in vitro* assays, *in vivo* assays

## Introduction

Since the time man first discovered the plant kingdom as a rich and convenient source of his food, he returned to this kingdom repeatedly and found remedies for illness too. As a result, several knowledge-bases of how to treat or prevent illness and diseases using plants were generated. Some of this knowledge was passed on through generations by  $\text{word}\emptyset$  ( $\text{folk medicine}\emptyset$ ) and some was compiled and practiced, such as Ayurveda in India, Kampo and traditional Chinese medicine (TCM) in Japan, Taiwan and China. Today, about 50% of drugs used in modern medicine are of plant origin [1] and the success stories include the mitoinhibitor vinca alkaloids vincristine & vinblastin (from *Vinca rosea*) and their semisynthetic analogues vinorelbine and vindesine as anticancer agents, the topoisomerase II inhibitors etoposide and teniposide which are semi-synthetic isomers of the cytotoxic podophyllotoxin from *Podophyllum* spp., the taxanes and camptothecins, also anticancer agents [2], and the antimalarial artemisinin and its derivatives from *Artemisia annua* [3]. However, there are very few success stories related to antifilarial or anthelmintic activity, with the possible exception of ivermectin which is a macrocyclic lactone derived from *Streptomyces avermitilis*. This review focuses on the plant products reported to show activity against human helminth parasitic infections with main emphasis on filarial infections and the *in vitro* and *in vivo* systems employed to assay the (antifilarial) activity.

## The parasites

The helminth parasites represent an extreme in the spectrum of pathogens as they are probably the only multicellular pathogens infecting man and animals. The helminth parasites comprise two very distantly related taxa: i. the round worms or nematodes belonging to Nematelminthes (Class: Nematoda) and ii. The flatworms or Platyhelminthes (Class: Cestoda and Trematoda).

Worldwide, more than 2 billion people are infected with at least one helminth species [4]. The majority of these infections occur in resource-limited tropical and subtropical developing countries of the world, where over half of the population may harbor infections [5]. Of the various helminthic infections in man those caused by filarial parasites are particularly important because of the huge loss of man-hours they cause.

The filarial parasites (Class: Nematoda; Superfamily: Filarioidea), include approximately 500 species infecting almost all vertebrates except fishes. The parasites reside in lymphatics, connective tissues, or body cavities of the vertebrate hosts and the infection is transmitted by a blood-sucking arthropod vector.

The filarial species infecting only humans are: *Wuchereria bancrofti*, *Brugia malayi*, and *B. timori* that are responsible for lymphatic filariasis (LF) causing debilitating disease manifestations such as  $\text{elephantiasis}\emptyset$  and hydrocele, *Onchocerca volvulus* that causes  $\text{river blindness}\emptyset$  and *Loa loa* causing  $\text{loiasis}\emptyset$  ( $\text{calabar swelling}\emptyset$ ). Other prevalent but benign human filariids are: *Acanthocheilonema perstans*, *Acanthocheilonema streptocerca* and *Mansonella ozzardi*, and the less frequent minor species: *W. lewisi*, *B. beaveri*, *B. guyanensis*, *M. semiclarum*, *Dipetalonema arbuta*, *D. sprenti*, *Microfilaria bolivarensis* and *M. rodhaini*.

LF is a major disease with ever increasing prevalence in the developing world and the second leading cause of permanent and long-term disability. Globally, about 1 billion people live in areas endemic to LF (80 countries) and thus exposed to the risk of infection. About 120 million suffer from the infection or the chronic filarial disease manifestations such as edema of limbs, breast, external genitalia or hydrocele [6].

It is estimated that medical treatment for acute and chronic LF manifestations costs millions of dollars each year across the endemic regions. In India alone over 10 million people per year seek treatment for LF, which accounts for a total of 30 million dollars per annum. It is thought the measurable health care costs of treating LF are small in proportion to the individual and societal costs from lost productivity. The contribution of LF to tropical disease burden in terms of disability adjusted life years (DALY) which basically indicates the amount of healthy life expectancy lost because of a disease, or disability caused by it or risk factor, including both mortality and morbidity is around 5.94 million globally and over 2.62 million for India [7].

LF infection is spread by Anopheles, Culex, Aedes, and Mansonia species of mosquitoes. During a blood meal, the mosquito takes up the stage 1 larvae or microfilariae (mf) circulating in the blood of infected human. In the mosquito, mf undergoes two molts to become stage 3 infective larva (L3) which enter human host during a blood meal of the vector. L3 penetrate through local connective tissue and enter lymphatic vessels [8] where they take 2 to 12 months to develop into adult worms through two molts. Mature male and female worms mate and produce the progeny, mf. Mf enters the bloodstream from where they are picked up by mosquito during blood meal, and the life cycle continues.

Onchocerciasis is the second major filarial disease group and affects around 18 million people, mainly in tropical Africa and Latin America [9]. The infection is presented as a spectrum of dermal and ocular lesions resulting from the presence of microfilariae in the skin and eyes. The severity of the pathology which may cause blindness has attracted a massive international effort to reduce the impact of onchocerciasis through vector control and by mass chemotherapy [10].

Among non-filarial nematode infections, the soil-transmitted helminths (STH) commonly known as intestinal worms are the most common infections worldwide and constitute an important community health problem. The causal parasites are: *Ascaris lumbricoides*, *Trichuris trichiura* and the hookworms *Ancylostoma duodenale* and *Necator americanus*. Recent estimates suggest that *A. lumbricoides* infects over 1 billion people, *T. trichiura* 795 million, and hookworms 740 million. The greatest numbers of STH infections occur in sub-Saharan Africa, the Americas, China and East Asia [11]. STH affect most frequently children and produce diarrhoea, abdominal pain, general malaise and weakness that may affect working and learning capacities and impair physical growth and activity. Hookworms cause chronic intestinal blood loss leading to anemia [12-16]. A list of human helminth infections other than filariasis is given in Table 1.

**Table 1: Human helminth infections (other than filariasis) [17]**

<b>Disease</b>	<b>Parasite</b>	<b>Habitat</b>	<b>Infective agent/ route</b>	<b>Intermediate host</b>	<b>Clinical manifestations</b>
Nematode infections					
Ancylostomiasis	Ancylostoma duodenale, A. ceylanicum, Necator americanus	Intestine	L3/ per os, skin	None	Creeping eruptions, anemia, gastrointestinal (G.I.) manifestations, pot-belly, puffy face
Ascariasis	Ascaris lumbricoides	Intestine	Eggs/ per os	None	G.I. disturbances: intestinal colic, obstruction, carbohydrate depletion, physical and mental retardation, allergy
Trichuriasis	Trichuris trichiura	Intestine	Eggs/ per os	None	Diarrhea, dysentery, pain, rectal prolapses
Enterobiasis	Enterobius vermicularis	Intestine	Eggs/ per os	None	Abdominal pain, dysentery, pruritus, rectal prolapses
Trichinellosis	Trichinella spiralis	Intestine, muscle	Encysted larvae/ per os	None	G.I. disturbances, myositis, myocarditis, neurological symptoms, urticarial rash, fatal toxemia
Strongyloidiasis	Strongyloides stercoralis	Intestine	L3/ skin	None	G.I. disturbances

Trematode infections

Disease	Parasite	Habitat	Infective agent/ route	Intermediate host	Clinical manifestations
Schistosomiasis	Schistosoma mansoni, S. haematobium, S. japonicum, S. mekongi, S. intercalatum	Vasculature of G.I. or genito-urinary systems	Cercariae/ skin	Snail	Acute: Dermatitis, fever, chills, nausea, abdominal pain, diarrhea, malaise, and myalgia. Chronic: Bloody diarrhea (S. mansoni) or hematuria (S. haematobium).
Cestode infections					
Taeniasis and Echinococcosis (hydatid disease)	Taenia solium, T. saginata, Diphyllobothrium spp., Hymenolepis spp., Echinococcus multilocularis	Intestine	Eggs or cysts/ per os	Pig/cow/fish	Abdominal discomfort, diarrhea, loss of appetite. Anemia in people with the fish tapeworm, neurological problems (rare)

#### In vitro and in vivo systems for screening potential antiparasitics

Being multicellular advanced organisms displaying considerable host specificity, the helminth parasites pose several challenges in the development of convenient and reliable laboratory test systems for assaying plant and synthetic products for anthelmintic and antiparasitic activity. In the case of filarial parasite there are two main challenges: first, there are 16 distinct human filarial parasite species and the efficacy of the products may show species specificity and parasite stage-specificity. For instance, a product may show about 80% efficacy against adult worms of *Onchocerca* spp. but only show an identical or acceptable activity against the larval microfilariae stage of *B. malayi* (unpublished observation). Consequently to maximize the exploration, a given product, whether active or inactive against one parasite, has to be tested against

life stages of multiple species. The second challenge is the availability, maintainability and responses of some of the target parasites/ parasite life stages in vitro and transmission of infection to nonhuman laboratory animal models. For example, the most prevalent lymphatic filariid *W. bancrofti* is seldom used for in vitro or in vivo screening. This is because the infection can not be transmitted to or maintained in small laboratory animals. As a result we do not have a convenient screening model of this parasite and a source of the parasite life stages for in vitro use.

However, our improved understanding in the recent decades of the biology and host parasite interactions helped us developing not only useful in vitro systems but also successful transmission of human infections into small and larger laboratory animals for in vivo screening [18-31].

The different in vitro screen systems developed over the decades and employed for screening plant and synthetic products are given in Table 2.

**Table 2: In vitro antifilarial assay systems**

<b>Assay(s) (Measure/endpoint of the antifilarial activity)</b>	<b>Parasite(s)</b>	<b>Parasite life stage employed</b>	<b>References</b>
<b>Single Assays</b>			
Motility (Irreversible inhibition of motility of parasite/viability)	<i>Litomosoides carinii</i> , <i>Brugia malayi</i> , <i>Acanthocheilonema viteae</i>	Mf	[35]
	<i>B. malayi</i>	Adults	[36]
	<i>B. malayi</i>	L3	[37]
	<i>B. malayi</i>	Adults, mf	[38]
Mf release inhibition	<i>B. malayi</i>	Adults	[38]
MTT reduction (inhibition of MTT reduction/viability)	<i>Onchocerca volvulus</i> , <i>O. gutturosa</i>	Female adults	[39]

<b>Assay(s) (Measure/endpoint of the antifilarial activity)</b>	<b>Parasite(s)</b>	<b>Parasite life stage employed</b>	<b>References</b>
GST Inhibition (Inhibition in parasite GST activity/viability)	B. pahangi, B. malayi	Mf, L3, adults	[40]
Molting inhibition (Inhibition of L3 to L4 molting)/anti- Wolbachia	B. malayi	L3	[41]
Octapamine stimulation (Tonic paralysis by altered membrane potentials/viability)	A. viteae	Adults	[42]
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Two-assay battery			
Motility; reduction in lactate excretion (Viability)	B. patei and B. malayi	L3, adults	[43]
Motility; inhibition of respiration (Viability)	L. carinii		[44]
Motility; MTT reduction (Viability)	Setaria cervi	Adult, mf	[45]
	O. volvulus	Adults	[46-49]
	O. gutturosa	Adults	[47]
	O. ochengi	Adults, mf	[50]
	A. viteae	L3, adults, mf	[51,52]
	B. malayi	Adults, mf	[28,53]
	S. digitata	Adults	[54]
Motility; GST inhibition (Viability)			
Motility; embryogenesis inhibition (Anti-Wolbachia/viability)	S. cervi	Adult (female)	[55]
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Multiple Assay battery			

<b>Assay(s) (Measure/endpoint of the antifilarial activity)</b>	<b>Parasite(s)</b>	<b>Parasite life stage employed</b>	<b>References</b>
Motility; MTT reduction; inhibition of microfilaria release (Embryostatic effect; viability)	B. malayi	Adults, mf	[56]
	B. pahangi	Adults	[57,58]
Antioxidant enzyme inhibition (Inhibition of xanthine-oxidase, superoxide dismutase, catalase, glutathione peroxidase/viability)	B. pahangi	Adults	[57,58]
	L. carinii,	Adults	[59]
	S. cervi		

The assays employ one or more life stages (L3, mf or adult worms) of the parasite depending upon the feasibility or type of activity (larvicidal, microfilaricidal or macrofilaricidal) desired. The endpoints used in the assays include inhibition (in the parasite) of: motility, reduction of a tetrazolium salt to its formazan, parasite specific glutathione-S-transferase, enzymes involved in antioxidant generation or free radical scavenging, molting of L3 to L4, embryogenesis and mf release from female worms. The assays are employed as pre-screens either singly or as a battery of two or more assays and the most frequently used battery consists of motility assay and 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyl tetrazolium bromide (MTT) reduction assay. Using this battery a product is considered active if it causes complete inhibition in motility and/ or >50% inhibition in MTT reduction. The advantage of the assays are that a) a large number of products can be screened, b) they require a small amount of the test product for assay and c) the assays can be completed within 24-48 hrs [32,33]. Investigators have also used 120 hr incubation in order not to miss products that act slowly [34]. The main disadvantage of the in vitro pre-screens is that they detect antifilarial activity of only those products which do not require metabolic activation to active pharmacophore. As a result several products that are negative in vitro but which may show activity after bitransformation in the host are missed. It is therefore necessary to include in the in vitro incubations a metabolic activation system such as the liver microsomal fraction (S9 mix) rich in most of the cytochrome P450 isoforms. An (expensive) alternative is testing all products, whether active or inactive in vitro, in suitable animal models of the infection.

Although tests employing animal models are labor intensive, expensive, lengthy and often difficult to scale-up, they are sufficiently reliable and the conclusion drawn from them are frequently transferable to human infection, provided sufficient care is taken in the selection of host parasite system.

Our understanding of the host-parasite interactions and immune responses of the host in human filariasis and in a variety of animal models of the human infection has greatly improved in recent years [20,60-62] and as a result we now have well characterized animal models for assaying antifilarial activity (Table 3).

**Table 3: Animal models of non-human and human filarial infections**

Parasite	Host	Vector	Initiation /introduction of infection	Site of adult worms/ microfilariae	Reference
Rodent and non-rodent models of non-human filarial infections					
Litomosoides carinii#	Sigmodontis hispidus# Mastomys coucha Meriones unguiculatus	Mite	L3 (s.c.)	Pleural cavity/ blood	[63,70-74]
Acanthocheilonema viteae	M. unguiculatus  M. lybicus, M. persicus M. coucha Mesocricetus auratus	Tick	L3 (s.c.)	Subcutaneous and internal connective tissues/ blood	[75,76]]
Brugia pahangi	M. unguiculatus  M. coucha,	Mosquito	L3 (s.c.), adult worms (i.p.)	Testes, heart, lungs/ blood	[69,75,77-79]

Parasite	Host	Vector	Initiation /introduction of infection	Site of adult worms/ microfilariae	Reference
	CDI and Balb/c mice				
	Dog	Mosquito	L3 (s.c.)	Lymphatics/ blood	
	Cat				[80]
<i>Dirofilaria immitis</i>	Dog	Mosquito	L3 (s.c.)	Heart, pulmonary arteries, venae cavae/ blood	[41,80]
Rodent and non-rodent models of human filarial infections					
<i>B. malayi</i> *	<i>M. unguiculatus</i> *	Mosquito	L3 (s.c.), adult worms (i.p.)	Lymphatics, testes, heart, lungs/ blood	[21,53,66,68,69,81-83]
	<i>M. coucha</i> *		L3 (s.c.)		
	Balb/c mice		L3/ adult worms (i.p.)		
<i>B. malayi</i>	Dog	Mosquito	L3 (s.c.)	Lymphatics/ blood	[69,80]
	Cat				
Non-human primate models of human filarial infections					
<i>B. malayi</i> **	<i>Erythrocebus patas</i> , <i>Nycticebus coucang</i> <i>Galago crassicaudatus panganiensis</i>	Mosquito	L3 (s.c.)	Lymphatics/ blood	[25,29-31,69,84-86]

Parasite	Host	Vector	Initiation /introduction of infection	Site of adult worms/ microfilariae	Reference
	Papio cynocephalus Cercopithecus aethiops Macaca mulatta Presbytis entellus** P. melalophos P. cristata				
Wuchereria bancrofti	P. entellus	Mosquito	L3 (s.c.)	Lymphatics/ blood	[87]
Breinvia sergenti	Nycticebus coucang	Mosquito	L3 (s.c.)	Peritoneal cavity	[80,88]
	Papio anubis, Erythrocebus patas				
Loa loa	Mandrillus leucophaeus	Chrysops	L3 (s.c.)	Subcutaneous and connective tissues /blood	[80,88]
Onchocerca volvulus	Pan troglodytes	Simulium	L3 (s.c.)	Subcutaneous tissues/ blood	[80,88]

# Earlier used as primary screen

\*Models currently employed as primary screen for assaying potential antifilarial products at CDRI.

\*\* Models employed as final preclinical confirmation (previously called as tertiary screen) assays at CDRI.

Historically, attempts to transmit the human filarial infections to laboratory animals were unsuccessful. This necessitated the use of alternative animal models for antifilarial drug discovery programs. One of the earliest models is *Litomosoides carinii* infection in cotton rat. Introduced in 1944, [63] this was used as primary screen and was instrumental in the discovery of the microfilaricide diethylcarbamazine (DEC). However a major drawback with this model was that the host can only be infected through the vector but not by manual injection of infective larvae. So, there is no way of knowing how many, if at all, infective larvae had been introduced into the host by the vector? This is important for reproducible 1) determination of the percent yield of adult worms (= % larvae surviving and developing in to adult worms), 2) quantifying the macrofilaricidal and worm sterilizing effect of test drug. Another model which was established in -70s is *Acanthocheilonema viteae* in the jird (*Meriones unguiculatus*) and in *Mastomys coucha*. These models overcame the deficiencies of the *L. carinii*/cotton rat model and were considered acceptable [64] as a surrogate primary screen for products against human *O. volvulus* infection. However, for a long time there was still no rodent model for human lymphatic filarial infections *W. bancrofti* and *B. malayi*. The real breakthrough came with the successful transmission of *B. malayi* to the rodents jird [65,66] and *Mastomys coucha* [18,67,68] and recently, to non-human primates [25,29,31,69]. In *M. coucha* the infection is introduced by subcutaneous injection of known number of L3. In jird, in addition to s.c. route, the infection can also be initiated by intraperitoneal instillation of known number of adult worms or L3. The latter method not only makes the animal microfilaremic in a short period but is especially useful for assaying macrofilaricidal efficacy of products by following the fate of instilled worms. Both the rodent models show high and sustained microfilaraemia for prolonged periods which is advantageous for assaying microfilaricides. An additional feature of the *M. coucha* is its susceptibility to develop filarial disease manifestations (unpublished observation).

Among non-human primates, the leaf monkeys (*Presbytis* spp.) were found to be especially susceptible to *B. malayi* infection [25,29] and among them the Indian leaf monkey displays responses similar to those shown by human subjects harboring the infection, including the recurrent febrile and limb edema episodes, hydrocoele and eosinophilia [29].

With the availability of adequate animal models of human filarial infection the new product screening protocol has been revised by the WHO. At the authors' Institute the protocol conducted is largely based on WHO recommendations and is as follows:

Pre-screen: In vitro motility and MTT assays using adult worms and mf of *B. malayi* for short-listing. This is followed by IC<sub>50</sub> (the concentration at which the parasite motility is inhibited by 50%) determination using the same assays and CC<sub>50</sub> (cytotoxic concentration at which 50% of cells are killed) determination using VERO Cell line C1008 (African green monkey kidney cells) [33,89-91].

Primary screening: Jird bearing i.p. instilled adult worms of *B. malayi*.

Confirmation of efficacy: L3-initiated infection of *B. malayi* in *M. coucha* or jird.

Dose optimization studies: L3-initiated infection of *B. malayi* in *M. coucha*.

Efficacy in a non-rodent or non-human primate model (previously called as tertiary screen): L3-initiated infection of *B. malayi* in non-rodent/non-human primate model.

Assay systems for screening plants against helminth parasites other than filariae

In vitro (primary) screens

For screening potential synthetic or plant derived anthelmintics (other than antifilarials) several nematode, cestode and trematode parasites have been used in in vitro systems (Table 4).

Table 4: In vitro parasite systems (other than filaria) for screening anthelmintic

<b>Parasite (host)</b>	<b>Life stages</b>	<b>Assay(s)/ measure of the anthelmintic activity</b>	<b>References</b>
Nematodes			
Trichostrongylus colubriformis (human infection)	Eggs, L3 (infective larvae), adult worms	Egg hatch inhibition assay (EH), larval development assay (LD), larval migration inhibition (LMI), adult worm viability	[93-96]
Haemonchus contortus (ruminants)	Eggs, infective larvae, adult worms	Egg hatch inhibition assay (EH), larval migration inhibition (LMI)	[93,97,98]
Ancylostoma caninum, (human)	Larvae, adults	Motility/irreversible inhibition of motility	[93]
Necator americanus (human)			
Ascaris suum (pig & human),	Adult worms, 2nd stage larva	Motility/irreversible inhibition of motility	[99,100]

<b>Parasite (host)</b>	<b>Life stages</b>	<b>Assay(s)/ measure of the anthelmintic activity</b>	<b>References</b>
A. lumbricoides, (human) Ascaridia galli (chicken/turkey) Heterakis gallinarum (chicken/turkey), Toxocara canis			
Cestodes Raillietina echinobothrida (fowls)	Adult worms	Motility/irreversible inhibition of motility	[99]
Trematodes Paramphistomum sp. (cattle, sheep, goat) Schistosoma mansoni, Fasciola hepatica, Echinostoma caproni. (all human infections)	Adult worms Adult worms	Motility/irreversible inhibition of motility Motility/irreversible inhibition of motility	[99] [101]

The selection of parasites for the in vitro systems is apparently based on considerations such as of easy availability, adaptability to laboratory conditions, ease in handling and, when the human parasite can not be used, the similarities between human and surrogate parasite responses to known drugs and/or taxonomical proximity of the species chosen. This approach would appear justified by several instances of inter generic chemotherapeutic responses within the same family. Among nematodes, such relationship is known to exist between murine oxyurid and *Enterobius vermicularis* with piperazine; between *Nippostrongylis muris* and trichostrongyles of sheep and cattle or hookworms of man and dog with bephenium and between *Strongyloides ratti* and *S. stercoralis* with dithiazanine [92].

In vivo

Tables 5 and 6 show a list of animal models for primary and secondary screening, respectively.

**Table 5: Helminth parasites used for in vivo primary screening\*** [17,100,102,103]

Parasite	Host/ intermediate host	Infective agent/route	Model for	Clinical correlation@
Nematodes				
<i>Ascaris suis</i> (suum)	Mouse/ none	Eggs/per os	Ascariasis	+++
<i>Necator americanis</i>	Hamster/ none	L3/skin	Ancylostomiasis	+++
<i>Ancylostoma ceylanicum</i>	Hamster /none	L3/per os	-do-	+++
<i>Nippostrongyls brasiliensis</i>	Hamster /none	L3/per os	-do-	+++
Cestodes				
<i>Hymenolepis nana</i>	Mouse/ beetle#	Eggs/per os	Taeniasis	+++
<i>H. diminuta</i>	Rat/ beetle	Eggs/per os	-do-	++
Trematodes				
<i>Fasciola hepatica</i>	Rat, rabbit/ snail	Metacircariae/ per os	Fascioliasis	++
<i>F. gigantica</i>	Rat/rabbit/snail	-do-	-do-	++
<i>Schistosoma mansoni</i>	Mouse, hamster/snail	Cercariae/skin	Schistosomiasis	+++
<i>S. japonicum</i>	Mouse/snail	-do-	-do-	+++
	Hamster/snail	-do-	-do-	++
	Rabbit/snail	-do-	-do-	++

Parasite	Host/ intermediate host	Infective agent/route	Model for	Clinical correlation@
	Guinea pig/snail	-do-	-do-	++

# Intermediate host not obligatory

@ Scale: += moderate; +++= high

**Table 6: Test models for in vivo secondary screening [17]**

Parasite	Host/ intermediate host	Model for	Clinical correlation
Nematodes			
Ascaridia galli	Chicken/ none	Ascariasis	+++
Toxocara canis	Dog/ none	-do-	++
Toxascaris leonina	Cat/ none	-do-	++
Ancylostoma caninum	Dog/ none	Ancylostomiasis	+++
A. brasiliense	Dog, cat/ none	-do-	+++
A. tubaeforme	Cat/ none	-do-	++
Cestodes			
Taenia hydatigna	Dog/ ruminants	-do-	+++
T. taeniaeformis	Cat/ rodents	-do-	+++
Dipylidium caninum	Dog/ fleas	Taeniasis	+++
T. pisiformis	Dog/ rabbit	-do-	+++

<b>Parasite</b>	<b>Host/ intermediate host</b>	<b>Model for</b>	<b>Clinical correlation</b>
Cysticercus pisiformis (larva of <i>T. taeniaeformis</i> )	Rabbit	Cysticercosis	++
Echinococcus cyst Intermediate stage of <i>E. granulosus</i>	Rabbit	Hydatid disease	++

The in vivo primary and secondary screening would strengthen the results obtained in the in vitro pre-screening. The in vivo screens will also demonstrate whether the spectrum of activities can be extended to the related parasites in different hosts and to efficacy in human subjects.

Parasites having short and direct life cycle needing no vector would obviously need less time and labour and would be economical to generate results. *Hymenolepis nana*, a human tapeworm, in natural condition, is cycled through intermediate host (*Tribolium confusum*) but also attains maturity in one and the same host within 15 days of incubation of eggs. This system will also facilitate the assessment of drugs against cysticercoides and adult worms in the same infected animal. Small hosts with minimum genetic variations and easily available in adequate numbers are usually preferred for reproducibility.

In spite of all the care exercised in selecting the best host parasite system, the results obtained in experimental hosts can not totally be translated to the target parasite in its natural host because the different compounds behave differently in different hosts (absorption, kinetics, resorption and distribution etc.) [104]. This might be crucial for decision- making regarding whether or not it should enter successive steps of drug development programme. The different in vitro and in vivo systems, their utility and drawbacks have been recently reviewed by Keiser [101].

#### Plants for filariasis

In modern medicine the drugs used for lymphatic filariasis are diethylcarbamazine (DEC) [70] and ivermectin [105], and a single-dose treatment with DEC or ivermectin, or combination of DEC or ivermectin with albendazole is currently employed in an attempt to control the infection. DEC and ivermectin are microfilaricides and therefore useful in only reducing transmission and pathology. New drugs are required to improve treatment by killing the adult worms (macrofilariae), which are long-lived, and to replace the currently used drugs before drug resistance starts appearing [106].

In the last few decades a lot of emphasis has been laid on the development of antifilarial agents from plant or natural products by many investigators [32,48,82,107,108] and to develop traditional plant-based medical preparations in to complementary or alternative medicines

(CAM) supported by scientific validation of efficacy and safety and quality control of the preparations. Although there are few specific reports on the antifilarial properties of plant extracts or products, it is not unusual to find these indications cited amongst a general list of medicinal plants [109,110]. Some plants are reported to be active against tissue dwelling nematodes and various filarial species and are used in traditional system of medicine [111].

**Table 7: Plant products with activity in filariasis or against the parasites**

Name of the plant	Family	Part used/ product	Activity against	Reference
Adenia gummifera	Passifloraceae	Root	Filariasis, hydrocoele	[131]
Aegle marmelos Corr.	Euphorbiaceae	Leaf	Mf of <i>B. malayi</i> (in vitro)	[32,127]
Afstonia boonei	Apocynaceae	Bark, fresh latex, fresh stem-bark	Loaiasis, filarial swellings	[132-134]
Agrimonia eupatoria	Rosaceae	Agrimophol	Schistosoma sp Taenia sp	[135]
Alstonia congensis	Apocynaceae	Latex	Loaiasis, filarial swellings (bandaged along with crushed bark of <i>Erythrophleum guineense</i> )	[109]
Alstonia scholaris	Apocynaceae	Latex, bark	Filariasis, elephantiasis	[136]
Aloe barteri	Liliaceae	Leaf	Guinea worm, disease causing white skin patches ( <i>Onchocerciasis</i> ?)	[109]
Ammannia multiflora	Lythraceae	Leaf	Sight problems, including those caused by filaria	[131]
Andrographis paniculata	Acanthaceae	Dried leaf	Filariasis, mf of <i>D. reconditum</i> in dogs (in vivo and in vitro) and adults of <i>B.</i>	[120]

Name of the plant	Family	Part used/ product	Activity against	Reference
			malayi in rodent	
Argyreia speciosa	Convolvulaceae	Whole plant	Filariasis, parasitic skin diseases, active in vitro against <i>S. cervi</i>	[137,138]
Azadirachta indica	Meliaceae	Leaf, flower	<i>S. digitata</i> (in vitro)	[139,140]
Boerhavia repens	Nyctaginaceae	Immature shoots	Elephantiasis	[109]
Botryocladia leptopoda	Rhodymeniaceae	Red algae	<i>L. sigmodontis</i> , <i>A. viteae</i> , <i>B. malayi</i> (in vivo)	[128]
Butea monosperma	Leguminosae-Papilionaceae	Root and leaf	Mf of <i>B. malayi</i> (in vitro)	[127]
Caesalpinia bonducella	Caesalpinaceae	Seed kernel	<i>S. digitata</i> (in vitro) <i>L. sigmodontis</i> , <i>B. malayi</i> (in vivo)	[130]
Calotropis gigantea	Asclepiadaceae	Leaf, latex	Filariasis, elephantiasis, skin changes, <i>S. digitata</i> (in vitro)	[109,140,141]
Calotropis procera	Asclepiadaceae	Whole plant/ milky juice, dried aerial parts, root, bark, latex	Guinea worm; Filariasis, Elephantiasis	[109,136,142-144]
Carapa procera	Meliaceae	Dried fruit, seed	Filariasis, <i>O. volvulus</i> (in vitro), Parasitic skin disease	[145,117]
Cardiospermum halicacabum	Sapindaceae	Plant	<i>B. pahangi</i> adult and Mf (in vitro)	[126]

<b>Name of the plant</b>	<b>Family</b>	<b>Part used/ product</b>	<b>Activity against</b>	<b>Reference</b>
Cassia alata	Leguminosae	Fresh leaf juice	Parasitic skin disease	[117,122]
Cassia aubrevellei	Leguminosae	Root, bark	Onchocerciasis, skin microfilaricidal, active in vitro against O. volvulus mf	[138]
Cassia occidentalis	Leguminosae	Leaf, seed	Guinea worm, parasitic skin diseases acute lymphedema, skin changes	[109]
Cassia tora	Leguminosae	Dried leaf	Parasitic skin diseases	[109,141]
Cayaponia martiana	Cucurbitaceae	Root	Elephantiasis	[109]
Cedrus deodara	Pinaceae	Plant extract	S. digitata adults (in vitro)	[54]
Centratherum anthelminticum	Asteraceae	Plant extract	S. cervi, S. digitata adults (in vitro)	[54]
Cinnamomum culilawan	Lauraceae	Bark	Rubeifacient for filarial lymphangitis	[109]
Cleistopholis glauca	Annonaceae	Dried bark	Filariasis, inactive in vitro against O. volvulus	[109]
Clerodendrum capitum	Verbenaceae	Root	Elephantiasis	[109]
Crossopteryx febrifuga	Rubiaceae	Fresh fruit juice	Eye filaria	[125]
Cyrotomium fortunei	Polypodiaceae	Dried rhizome	Filariasis	[133]

<b>Name of the plant</b>	<b>Family</b>	<b>Part used/ product</b>	<b>Activity against</b>	<b>Reference</b>
Daniella thurifera	Leguminosae	Gum	Parasitic skin diseases	[146]
Delonix elata	Leguminosae	Whole plant	Filariasis, elephantiasis	[109]
Dichrostachys cinerea, glomerata	Leguminosae D.	Dried stem bark, inner bark	Elephantiasis	[142], [147]
Dombeya amaniensis	Steruliaceae	Root	Filariasis/ lymphatic disorders	[148]
Eclipta alba	Compositae	Dried whole plant	Elephantiasis	[109]
Elaeophorbia drupifera	Euphorbiaceae	Leaf	Guinea worm, filariasis,	[131,145]
		Leaf	Guinea worm, used with Hilleria latifolia	[109]
Elephantopus scaber	Compositae	Dried root	Filariasis	[141]
Emicostema littorale	Gentianaceae	Whole plant	Filariasis, microfilaricidal in vitro against Conispiculum guindiensis	[125]
Erythrophleum guineense	Leguminosae	Crushed bark	Loaiasis (filarial swellings), used with Alstonia congensis	[149]
Erythrophleum ivorense	Leguminosae	Dried stem-bark	Loaiasis (filarial swellings) used in O. volvulus	[119]

<b>Name of the plant</b>	<b>Family</b>	<b>Part used/ product</b>	<b>Activity against</b>	<b>Reference</b>
Eucalyptus robusta	Myrtaceae	Leaf	Microfilariasis	[109]
Guiera senegalensis	Combretaceae	Leaf	Parasitic skin diseases, guinea worm inflammatory swellings	[109]
Hillieria latifolia	Phytolaccaceae	Whole plant, leaf	Guinea worm, used with Elaeophorbia drupifera; Filariasis, O. volvulus (in vitro)	[109,150]
Jatropha curcas	Euphorbiaceae	Seed oil, leaf, whole plant	Guinea worm, rubefacient for parasitic skin diseases	[122,125,141]
Kigelia africana	Bignoniaceae	Whole plant	Elephantiasis of scrotum	[109]
Lantana camara	Verbenaceae	Stem	A. viteae, B. malayi	[108]
Limeum ptercarpum	Molluginaceae	Aerial parts	Filariasis	[141]
Lawsonia inermis	Lythraceae	Leaf	S. digitata (in vitro)	[140]
Lycopodium rubrum	Lycopodiaceae	Whole plant	Elephantiasis	[151]
Mallotus philippensis	Euphorbiaceae	Leaf	S. cervi (in vitro)	[124]
Melia azidirachta	Meliaceae	Bark	Filariasis, component (15%) of FILARIN	[152]
Microglossa afzelii	Compositae	Dried leaf	Filariasis, O. volvulus (inactive in vitro)	[124]
Mussaenda elegans	Rubiaceae	Leaf	Elephantiasis	[109, 125]
Myrianthus arboreus	Moraceae	Dried stem-bark	Filariasis, O. volvulus (inactive in vitro)	[109]

<b>Name of the plant</b>	<b>Family</b>	<b>Part used/ product</b>	<b>Activity against</b>	<b>Reference</b>
Newbouldia laevis	Bignoniaceae	Root and leaf	Elephantiasis, scrotal elephantiasis, orchitis	[122,153]
Neurolaena lobata	Asteraceae	Leaf	B. pahangi adults (in vitro)	[58]
Ocimum sanctum	Lamiaceae	Leaf	S. digitata (in vitro)	[140]
Ochrocarpus africanus	Guttiferae	Root/ resinous sap	Parasitic skin diseases	[109]
Odyndea gabunensis	Simaroubaceae	Dried stem-bark	Filariasis, O. volvulus (inactive in vitro)	[154]
Pachyelasma tessmanii	Leguminosae	Dried fruit	Filariasis, O. volvulus (in vitro)	[122]
Pachylobus edulis	Buseraceae	Bark	Parasitic skin diseases	[141]
Pachypodanthium staudtii	Annonaceae	Dried stem-bark	Filariasis, O. volvulus (in vitro)	[122,117]
Phyzedra longipes	Cucurbitaceae	Whole plant	Elephantiasis of scrotum	[117,122]
Phychotria tanganyikensis	Rubiaceae	Leaf	Elephantiasis	[109]
Raphia farinifera	Palmae	Dried fruit	Filariasis, O. volvulus (in vitro)	[155]
		Dried leaf	Filariasis, O. volvulus (in vitro)	[122]
Ricinus communis	Euphorbiaceae	Plant extract, leaf	S. digitata adults (in vito); Mf of B. malayi (in vitro)	[32, 54,127]

<b>Name of the plant</b>	<b>Family</b>	<b>Part used/ product</b>	<b>Activity against</b>	<b>Reference</b>
Richiea caparoides	Capparidaceae	Leaf, root	Filariasis; guinea worm	[122,141]
Rynchosia hirta	Leguminosae	Whole plant	Filariasis, elephantiasis	[156]
Sargentodoxa cuneata	Sargentodoxaceae	Dried stem	Filariasis	[147]
Sencio nudicaulis	Asteraceae	Leaf	S. cervi mf (in vitro)	[109]
Sphaeranthus indicus	Asteraceae	Plant extract	S. digitata adults (in vitro)	[54]
Streblus asper	Urtaceae	Stem bark	Filarial lymphoedema, micro- and macro-filaricidal, S. cervi, L. carinii, B. malayi, A.viteae, B. malayi	[107,113,114,123,157]
Trachyspermum ammi	Apiaceae	Fruit	S. digitata adults (in vitro), B. malayi (in vivo)	[129]
Terminalia chebula	Combretaceae	Not known	Filariasis	[109]
Tinospora cordifolia	Menispermaceae	Not known	Filariasis (acute lymphedema, skin changes)	[112]
Xerodermis stuhlmannii	Leguminosae	Root	Elephantiasis	[138]
Vitex negundo L.	Euphorbiaceae	Root, leaf	Mf of B. malayi (in vitro)	[32,127]
Zingiber officinale	Zingiberaceae	Fresh rhizome	Filariasis, D. immitis (microfilaricidal) (acute lymphedema)	[121, 152,154]

Table 7 shows a list of plants studied for activity against filarial parasites [112]. Some of these are tested for their antifilarial activity mostly in vitro and some in vivo. Among these *Streblus asper*, a plant used in traditional medicine for lymphedema, is the only plant that has been studied extensively and systematically in vitro as well as in vivo and the active constituents chemically characterized. A preparation of plant decoction named *õfilacidö* made from the stem bark of *S. asper* has been administered to over 5000 filarial patients at filaria clinic in Varanasi, India, during the period 1970-1987 [113,114] and was found to be effective in the treatment of filarial lymphoedema, filarial chyluria and other condition of the disease. In comparative trials, other plants used in traditional medicine were found to be less effective [viz. *Crataeva nurvala* (7%), *Argyreia nervosa* (48%), *Butea monosperma* (12%)] than *õfilacidö* in the treatment of filarial lymphoedema [112,113]. Later, the stem bark extract was found to be active against several filarial species including *B. malayi* in vitro and in vivo. The active principles were identified as two cardiac glycosides, *asperoside* and *strebloside* [107]. For onchocerciasis, there are relatively fewer reports of plant-based traditional medicine in literature. *Aloe barteri* was cited for the treatment of *O. volvulus* -induced skin conditions [109]. Another plant *Cassia aubrevellei*, which is believed in Liberia to be useful in skin conditions associated with onchocerciasis, was found to be inactive against female parasites recovered from nodules of patients [115]. On the contrary, the plant extract increased the density of skin microfilariae [116]. Extracts of some Cameroonian plants like *Carapa procera*, *Pachypodanthium staudth* and *Polyalthia sauveolens* were also found to be effective against filarial parasites. The active principles of these plants were identified as *carapolide A* and *oliverine* and were tested against *O. volvulus* in vitro by Titanji et al. [117]. *Cardol*, a phenolic compound isolated from *Anacardium occidentale* is reported to be active against bovine filariid *S. cervi* in vitro [118]. Other in vitro/ in vivo investigations of plant extracts have also been reported against various filarial species [116,119-123].

Both aqueous and alcoholic extracts of leaves of *Mallotus philippensis* and *Sencio nudicaulis* were effective inhibiting the movements of the nerve-muscle (n.m.) preparation of *S. cervi*. The stimulatory response of acetylcholine was blocked by aqueous extract on whole worm movements [124]. The effect of *S. nudicaulis* extracts was different from that produced by calcium channel blocker nifedipine on the whole worm and n.m. preparation. While nifedipine blocks the stimulant effect of Ach, the extract of *S. nudicaulis* fails to do so. This response bears similarity with DEC, which also does not block AchE response. However, interpretation of these activities in terms of target filarial infections in vivo is difficult.

The majority of the filaricidal applications of plant products reported in the early literature are for the treatment of guinea worm (*Dracunculus* sp.) which was earlier considered as filarial parasite but is now included in a separate group. Plant extracts are in many cases applied externally to the sore caused by guinea worm indicating that most of observed effects may be due to direct topical effect of the agent on the parasite or wound. Several plant products were also reported active given orally. Root decoction of *Combretum micranthum* was reported to help in expelling guinea worms in infested patients; inflammation around the lesions was also reduced [125]. The leaves of *Elaeophorbium drupifera* and *Hillieria latifolia* taken in combination with a palm soup preparation were found to be guinea wormicidal [125].

In laboratory investigations several plant products were identified with antifilarial activity. In vitro, macrofilaricidal activity was shown by ethanolic and aqueous extracts of the medicinal plant *Cardiospermum halicacabum* against *B. pahangi* in terms of reduced motility of both male and female adult worms and reduced microfilarial release and motility (ethanolic extract) [126]. Methanolic extracts of root of *Vitex negundo* L. (containing alkaloids, saponin and flavonoids) and leaves of *Aegle marmelos* Corr. (containing coumarins) produced complete loss of motility of microfilariae of *B. malayi* [127]. Extracts of *Butea monosperma* leaves and roots showed significant inhibition of motility in a dose dependent manner of *B. malayi* microfilariae [32]. In animal models, crude extract and hexane fraction of marine red alga *Botryocladia leptopoda*, killed adult filarial parasites of *L. sigmodontis* and *A. viteae* and caused sterilization of *B. malayi* female worms [128]. Crude extract and chloroform fraction of the stem portion of the plant *Lantana camara* showed adulticidal and female worm sterilizing activity against *B. malayi* in *M. coucha* and in jirds with i.p. instilled *B. malayi* adult worms. Oleanonic and oleanolic acids isolated from the hexane and chloroform fractions showed considerable antifilarial activity on *B. malayi* in vitro. Inhibition of motility and subsequent mortality of adult worms of *S. digitata* was produced in vitro by extracts of *Cedrus deodara*, *Ricinus communis*, *Sphaeranthus indicus* and *Centratherum anthelminticum* in decreasing order [54]. Crude extract (and an active fraction of it) of *Trachyspermum ammi* fruit inhibited motility and killed *S. digitata* worms in vitro and showed macrofilaricidal and female sterilizing efficacy in vivo against *B. malayi* in *M. coucha*. The active compound was isolated and found to be a phenolic monoterpene [129]. Potential micro- and macrofilaricidal efficacy against *B. pahangi* was shown by ethanol extract of leaves of *Neurolaena lobata*, a Guatemalan medicinal plant [58]. Aqueous, butanol and hexane extracts of *Caesalpinia bonducella*-seed kernel demonstrated microfilaricidal, macrofilaricidal and female-sterilizing efficacy against *L. sigmodontis* in cotton rats and microfilaricidal activity against *B. malayi* in *M. coucha* [130].

Plants for helminthiasis (other than filariasis)

**Table 8: Plants with activity against helminths other than filariidae.**

Name of the plant	Family	Part/ product used	Target parasite	Reference
<i>Albizia anthelmintica</i> , <i>A. lebbek</i>	Mimosaceae	Bark	<i>Hymenolepis diminuta</i>	[167]
<i>Allium sativum</i>	Liliaceae	Bulbs	Nematodes*, helminths	[173]

<b>Name of the plant</b>	<b>Family</b>	<b>Part/ product used</b>	<b>Target parasite</b>	<b>Reference</b>
Areca catechu	Arecaceae	Seed	Ascaris sp	[135]
Azadirachta indica	Meliaceae	Leaf	Helminthes*	[139]
Bauhinia purpurea	Caesalpiniaceae	Leaf	Helminthes*	[174]
Butea frondosa	Papilionaceae	Seed	A. lumbricoides in man, T. canis in dogs	[162,175]
Camellia sinensis	Theaceae	Green tea	Infective larvae of Teladorsagia circumcincta and Trichostrongylus (in vitro)	[176]
Carica papaya	Caricaceae	Seed, latex	Rat tape worm, intestinal nematode	[168,177,178]
Centratherum anthelminticum	Asteraceae	Seed	Tape worm	[179]
Chenopodium ambrosioides	Chenopodiaceae	Leaf, seed (oil of chenopodium)	Ascaris sp, hook worm	[173]
Coriandrum sativum	Apiaceae	Crude extract of seed	Haemonchus contortus (in vitro and in vivo)	[172]
Cucurbita maxima	Cucurbitaceae	Seed	Helminths*	[175,177,179]
Cucurbita pepo	Cucurbitaceae	Seed	Hymenolepis nana, Dicrocoelium dendriticum	[175,177,179]
Cyathocline purpurea	Asteraceae	Essential oil of aerial part	Tapeworm and hookworm	[177]

Name of the plant	Family	Part/ product used	Target parasite	Reference
Datura metel	Solonaceae	Fruit or flower	A. galli	[180]
Delonix regia	Caesalpinaceae	Flower	H. contortus	[179]
Digenea simplex	Rhodophyceae	Kainic acid	Ascaris sp.	[135]
Embelia schimperi	Myrsinaceae	Dried fruit	Hymenolepis diminuta (in vitro & in vivo)	[165]
Evolvulus alsinoides	Convolvulaceae	Crude extract	Helminths*	[180]
Flemingia vestita	Fabaceae	Root, tuber-peel	Trematode, cestode, A. suum, A. lumbricoides	[99]
Ficus glabrata, F. Spp.	Moraceae	Latex	A. suum, Strongiloides, Trichuris, S. obvelata	[164,181]
Limnophila repens	Scrophulariaceae	Oil	Helminths*	[175]
Leucas caphalotes	Lamiaceae	Leaf	Helminths*	[174]
Luffa echinata	Cucurbitaceae	Seed	Helminths*	[175]
Mallotus philippinensis	Euphorbiaceae	Fruit (Kamalin)	Diphyllobothrium latum	[175]
Matteuccia orientalis	Onocleaceae	Root	Fasciola hepatica	[182]
Millettia thonningii	Papilionaceae	Seed	Schistosoma mansoni	[183]
Onobrychis viciifolia Scop.	Fabaceae	Plant (as forage)	H. contortus	[169]
Piliostigma thoningii	Caesalpinaceae	Bark	A. galli	[184]

Name of the plant	Family	Part/ product used	Target parasite	Reference
<i>Polygonum glabrum</i>	Polygonaceae	Leaf	Helminths*	[185]
<i>Psorelea corylifolia</i>	Papilionaceae	Seed	Helminths*	[175]
<i>Quisqualis indica</i>	Combretaceae	Quisqualic acid	Nematodes*	[177]
<i>Taverniera abyssinica</i>	Leguminosae	Dried root	Nematodes*	[186]
<i>Urginea indica</i>	Liliaceae	Bulb	A. suum	[187]
<i>Struthiola argentea</i>	Thymelaeaceae	Plant	Helminth (in vitro)	[171]
<i>Teloxys graveolens</i> (Willd.)	Chenopodiaceae	Plant	F. hepatica, A. galli	[170]
<i>Zanthoxylum liebmannianum</i>	Rutaceae	Stem bark	Intestinal nematode of sheep, A. suum	[161]

\*Parasite(s) not specified

The literature concerning the use of plants as anthelmintics (Table 8) is more extensive [158,159] and preparations from many of these plants are in current use. With few exceptions e.g. the investigation by Kiuchi et al. [111] on tissue dwelling nematodes, the majority of them are effective against intestinal helminths. The most widely known and investigated anthelmintics of plant origin are ascaridole derived from *Chenopodium ambrosoides* [158] and the phloroglucinols aspidin and deaspidin, from the male fern *Dryopteris filix mas*. They are used effectively to treat tapeworm infections [160]. Some of the plant products are vermicides while others are vermifuges. Oil of chenopodium (ascaridole) is effective against *Ascaris* and hookworms but is highly toxic. Aspidum is one of the oldest used anthelmintics obtained from rhizomes of fern *Dryopteris filix mass*. Polyhydric phenol is its active principle (filicic acid and filicin). The product has specific action against intestinal cestodes: *Diphyllobothrium*, *Taenias*, *Hymenolepis* spp and others, and acts probably by paralyzing the muscles of parasites. However, the drug is toxic and causes polyneuritis and paralysis of iris. Santonin is oil obtained from seeds of *Artemisia maritima* anthelmintium. Flowering tops of this plant were used by physicians of Greece as early as 60 AD. The decoction of the stem bark of *Zanthoxylum liebmannianum* decreased the count of intestinal nematode eggs in naturally infected sheep, while the chloroform extract was found to be toxic

to *Ascaris suum*. Alpha-sanshool from *Z. liebmannianum* was found to be the active compound. However, alpha-sanshool induced tonic-clonic seizures in mice and thus has some toxicity [161]. Thymol obtained from *Thymus vulgaris* is a monohydric phenol (methyl isopropyl phenol) and is used as vermicide in eliminating hookworms and *Trichinella spiralis*. Thymol is not active against *Ascaris*, *Trichuris* and *Enterobius*. It is neurotoxic and affects kidneys. Pelletierin is an alkaloid obtained from pomgranate tree *Punica granatum* and is active against *Taenia* sp. but causes headache, dizziness, nausea, vomiting and diarrhoea with colic pain; it is also known to be neurotoxic. Arecanut, the seed of *Areca catechu* is also known for its anthelmintic action; its active principle is arecoline, a colourless liquid. Dried flowers of *Hagenia abyssinica* commonly called as *Kousso* or *Cusso*, are used for tape worm (*Taenia* sp.) infections. The active principle is identified as *Kosatin*. *Palasin* derived from *Butea frondosa* and its piperavine salts were found active against *A. lumbricoides* [162]. Though these are not advantageous over existing synthetic anthelmintics (benzimidazole derivatives and ivermectin), they are effective in expelling the worms if used as purgative. Interestingly, some plant anthelmintics directly inhibit worms' motility due to cholinergic agonist/antagonist action as in the case of arecolin. However, the action of all these agents depends on several host factors too.

The oil fraction from *Limnophila conferta* syn. *L. repens* Benth *L. heterophylla* (Roxb) Benth syn. Var. *Reflxa* (Benth) Hook. f. belonging to *Scrophulariaceae* and *Buddleja asiatica* Lour (*Buddleia*); *B. neemda* Ham. ex Roxb. syn. *B. asiatica* Lour. and *B. globosa* Hope belonging to family *Buddlejaceae* were found to show good anthelmintic activity [163].

The latex of some species of *Ficus* (*Moraceae*) has been traditionally used as vermifuge in Central and South America. However, due to high acute toxicity (hemorrhagic enteritis) latexes are not recommended for use in traditional medicine [164]. Extract of the dried fruits/crushed seeds of *Embelia schimperi* Vatke, belonging to the family *Myrsinaceae*, is used by the Masai people of Tanzania and Kenya who believed that it eliminates adult *Taenia saginata*, the beef tapeworm. It was effective against tapeworms *Hymenolepis diminuta* in rat model. No significant in vivo effect was observed against *H. microstoma*, the trematode *Echinostoma caproni* and the nematode *Heligmosomoides polygyrus* in mice, although the worms could be killed in vitro. These results indicate that the crushed seeds of *E. schimperi* taken orally by the Masai people indeed have an anthelmintic activity against human intestinal tapeworms [165]. The West African legume *Millettia thonningii* is used in Ghana as an anthelmintic and as a purgative [166]. A chloroform extract of the seeds of *Millettia thonningii* which is known to be molluscicidal and cercaricidal was topically applied to mouse skin 2 and 24 hours prior to exposure to *S. mansoni* cercariae. The presence of *M. thonningii* extract components on the surface of the skin appeared to be effective in preventing subsequent establishment of infection. The compound responsible for the activity is thought to be the isoflavonoid *alpinumisoflavone*. The aqueous extract of *Albizzia anthelmintica* bark showed high anthelmintic activity (68-100%) against experimental *H. diminuta* infection in albino rats; it was not toxic. The water extract from *A. lebbek* bark was less effective against the cestode and was toxic to rats at high dose [167]. Papaya latex (*Carica papaya*) showed an antiparasitic efficacy against *Heligmosomoides polygyrus* in mice model [168].

Sainfoin (*Onobrychis viciifolia*) extracts containing condensed tannins inhibited the migration of 3rd-stage larvae of *Haemonchus contortus* [169]. 5,7-dihydroxyflavanone (pinocembrine) from the acetone extract of *Teloxys graveolens* (Willd.) Weber (Chenopodiaceae) exhibited fasciolicide, ovicide and larvicide activities on newly excysted *Fasciola hepatica*, on infective eggs of *A. galli* and on stage three larvae of *Stomoxys calcitrans*, respectively [170]. One of the flavones from *Struthiola argentea* (Thymelaeaceae) identified as 5,6,2',5',6'-pentamethoxy-3',4'-methylenedioxyflavone, demonstrated most potent anthelmintic activity with 90% inhibition of larval motility in vitro [171]. The crude aqueous and hydro-alcoholic extracts of the seeds of *Coriandrum sativum* (Apiaceae) inhibited hatching of eggs of *H. contortus* completely in a dose dependent manner. The hydro-alcoholic extract showed better in vitro activity against adult parasites than the aqueous one [172].

### Conclusions and Prospects

From times immemorial, the plant kingdom has been a veritable source of medicinal agents and there are several success stories of plant derived drugs even in modern medicine. However, our efforts to discover plant-products or develop new drugs on plant-based leads for the control and treatment of filariasis and other helminthic infections have not been met with much success. In the last five decades, more than 100 plant products were reported to be beneficial in the treatment or control of these parasitic infections but they could not be developed in to viable drugs for a variety of reasons. New animal models of human infection developed in recent years improved our understanding of host parasite interactions and provided us better models to identify anthelmintic/antifilarial activity of plant products. It is expected that the newer assay batteries coupled with quality controlled systematic plant identification, collection, storage, processing etc. and the state-of-the-art technology of chemical -finger-printing of the products would help us build some success stories in the area of filariasis/ helminth infections.

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